

Activist Aptitudes

Who You Are Is What's Needed

*Ours is not the task of fixing the entire world all at once,
but of stretching out to mend the part of the world that is within our reach.*

– Clarissa Pinkola Estes

Who you are and what you're good at is what's needed!! What are you good at?

Look at the list provided -- where do you find yourself ? Take a few minutes to identify which of these qualities and aptitudes are yours. In order to create the level of change that's required now, we need them all!

- ☐ I'm good at organizing: people, money and time.
- ☐ I'm a good writer.
- ☐ I like to research.
- ☐ I'm a good storyteller.
- ☐ I'm good with social media.
- ☐ I'm good with accountability, details, follow up, and follow through.
- ☐ I'm good at teaching people how to do things.
- ☐ I'm good at speaking in front of people.
- ☐ I'm good with money: raising it and/or managing it.
- ☐ I know how to make things fun.
- ☐ I help people work through arguments and disputes.

- ☐ I'm willing to have uncomfortable conversations and am good at holding boundaries, with love and respect.
- ☐ I can read a room, sensing what's not being said.
- ☐ I nurture people.
- ☐ I can make people feel welcome and feel like they have a place in the group.
- ☐ I'm good at hosting and creating great events and gatherings.
- ☐ I am comfortable engaging with multiple cultures.
- ☐ I am connected to Spirit, the sacred and the big picture, and can be counted on to bring that to the group.
- ☐ I like to be on the front lines, taking uncomfortable and risky actions to shake up the status quo, to raise awareness, and to build power.
- ☐ I like to experiment, learn by doing, and am good with course correcting as we go.
- ☐ I'm willing to stretch and try things that I don't know how to do.
- ☐ I'm good in a crisis.
- ☐ I reliably keep my word.
- ☐ I can be counted on to show up when there is work to be done.
- ☐ I'm good at seeing the big picture.
- ☐ I know how to motivate people and get them excited.
- ☐ I have a "can do" attitude and can provide a grounded sense of possibility.
- ☐ I'm good at bringing people together to talk through ideas and issues so we can come to a common understanding and create a plan.
- ☐ I have a good sense of how groups, organizations and systems work and how to get things done in the world.